

Chapter 4 Big Ideas

Individual Psychology

Alfred Adler

Social Interest

Finalism

Fictional Finalisms

Striving for Superiority

Inferiority Feelings

Style of Life

Birth Order

- Oldest children fear being “dethroned” by younger siblings
- Second/Middle children feel need to race to “dethrone” eldest
- Lastborn children more sociable, dependent

Creative Self

Adlerian Psychotherapy

- Neurosis springs from inappropriate life-styles, inappropriate goals, or fictional finalism
- Overcompensation
- Inferiority Complex
- Superiority Complex
- Safeguarding Tendencies

Harry Stack Sullivan

Family therapy