

### Step 4 - Review of Our Own Sex Conduct

Wrong acts that result in pain, hurt feelings, worry, financial loss, etc. for others and also self

| WHO DID I HURT? | WHAT DID I DO? | <b>AFFECTS MY:</b><br>Which part of self caused me to do what I did? Was it caused by the social instinct, the security instinct, or the sex instinct? | <b>WHAT FEELINGS DID I CREATE IN OTHERS?</b><br>Did I arouse jealousy, anger, suspicion, bitterness, desire to retaliate? What should I have done instead? | <b>WHERE HAD I BEEN:</b><br>Selfish, dishonest, self-seeking and frightened, inconsiderate? Which of these character defects caused me to do what I did to harm another? |
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