This set is from County Limerick, Ireland. Couples dance in waltz hold except as shown below. Bar-counts for dance patterns are shown in bold. The total bar-count for each Figure includes an eight-bar introduction of music. Gents begin forward on the left foot and ladies begin forward on the right foot; dance the steps shown below. Contrary: two couples dance around (file) in a hand-holding circle. Chain: The gent takes a chest-level hand hold with the opposite lady and follows her around at his position; ladies also chain to home except during the interlacing chain of Figure 4. First side couple is left of the first top couple. Quarterhouse: In waltz-hold, dance this four-bar pattern four times: in-place or slightly into the set1, in-place or slightly out of the set1, then one clockwise turn to the next position on the right2.

**FIGURE 1: SLIDES (200 BARS)** Dance a regular polka step, down-2-3, down-2-3 and as shown.

- Top couples: facing one another with crossed-hands, advance and retire twice (polka-batter: 1 and 2 and 1-2-3, 1 and 2 and 1-2-3) twice8;
pass through to opposite with first top outside second top -- dance on-the-spot two bars in the center; pass left-shoulder-to-left to place8;
repeat the two patterns above, ending at home16;
ladies chain8;
swing8.
Repeat from with first side, second top, then second side couples leading144.

**FIGURE 2: SLIDES (200 BARS)** Dance a regular polka step, down-2-3, down-2-3 and as shown.

- First top couple: face one another without touching and dance in and out twice4; dance back-to-back around one another anticlockwise (begin left-shoulder-to left)4;
swing8;
in waltz hold, advance and retire once (1 and 2 and 1-2-3)4; slide across and leave the lady beside opposite gent as the solo gent retires to home4;
trio little Christmas as solo gent turns anticlockwise twice8;
solo gent advance/bow/retire to first side couple2, second side couple2, the trio2, then top couples form hand-holding circle2;
contrary (see heading): dance clockwise4; dance anticlockwise and to home4.
Repeat from with second top, first side, then second side couples leading144.


- Top couples: pass through with ladies in the center; turn clockwise and give right forearms to opposite partner; turn clockwise one and one/half times, ending at home8;
swing8;
pass through to opposite with ladies in the center and all turn clockwise to place4;
repeat pass through to home4;
house each other8;
repeat from with first side couple 32.
Side couples: repeat from 64.

**FIGURE 4: JIGS (72 BARS)** Dance a regular polka step, down-2-3, down-2-3 and as shown.

- All couples: interlacing gallop to opposite and to home, with beginning weight on the trailing foot (1-2-3-4-5-6-7) -- tops to opposite2, then sides to opposite2,
then tops to home2. then sides to home2;
interlacing ladies chain with top ladies dancing first and side ladies two bars later8;
swing8;
top couples face left as side couples face right and dance the contrary (see heading) clockwise then anticlockwise and to home4.
Repeat from except side couples gallop first, side ladies chain first and side couples face left for the contrary 32.


- Top couples: face one another with crossed hand and advance and retire twice (1 and 2 and 1-2-3)8;
crossover anticlockwise to opposite -- ladies lead, turn-the-lady-under clockwise to place and do not release hands4;
face one another with crossed hands from above and advance and retire twice (1 and 2 and 1-2-3)8;
crossover anticlockwise to home -- ladies lead, turn-the-lady-under anticlockwise to place4.
All ladies: ladies pinwheel (star) with the right hands4 then with the left hands and to place4 as gents dance in-place, without turning.
Top couples: swing8.
All couples: quarterhouse (body, polka body) (see heading) 16.
Side couples: repeat from 56.
All couples: repeat from 112.

**FIGURE 6: REELS (248 BARS)** Dance Clare-style lift 2-3-4 and, for the advance and retire, step-step-3-4-5.

- All couples: take crossed-hands and lead around anticlockwise6; reverse directions2 (no turn-the-lady-under); lead around to home8;
swing8;
advance and retire twice in a hand-holding circle8;
swing8;
ladies: advance and retire twice in a hand-holding circle8;
gents: advance and retire twice in a hand-holding circle8 and ladies move one position to the right when gents begin the second advance.
repeat from to re-establish original partners168;
take crossed-hands and lead around anticlockwise6; reverse directions2 (no turn-the-lady-under); lead around to home8.

* Alternatively, all available couples form a room-encircling ring; dance no-touch on advance and retires; use longer music.