

Winter Wondering
Office of International Affairs, Kent State University

Some average temperatures in Northeastern Ohio: (<http://www.weather.com/weather/wxclimatology/monthly/USOH0460>)

Month	Avg. High		Avg. Low		Mean	
Nov	50°F	10°C	36°F	2°C	43°F	6°C
Dec	39°F	4°C	26°F	-3°C	32°F	0°C
Jan	34°F	1°C	20°F	-7°C	27°F	-3°C
Feb	38°F	3°C	23°F	-5°C	30°F	-1°C
Mar	48°F	9°C	30°F	-1°C	39°F	4°C

Wind chill – this term refers to how cold the air “feels.” It is calculated using wind speed, moisture, and sunshine. Even if the temperature is above freezing, air may **feel** much colder.

Dress Appropriately for Winter Weather

- Dress to protect your body – hats, scarves, gloves, mittens, coats, as needed.
- Cover your head! 20-40% of heat loss is attributed to not covering your head.
- **Keep it Clean** — change clothes as often as possible, wash clothes, brush off/shake out clothes when unable to wash, make repairs to retain warmth, replace unserviceable items. Dirt and grease clog the air spaces in clothing and reduce the insulating effect.
- **Avoid Overheating** — dress for conditions, open clothing to provide ventilation, remove clothing as necessary to prevent perspiration.
- **Wear it Loose and Layered** — avoid tight or constrictive clothing, adjust equipment to prevent it from tightening clothing, use drawstrings to trap air between layers.
- **Keep it Dry** — avoid water on clothing as mission permits, prevent perspiration, and use wet weather gear to repel water. Wet clothing conducts heat away from the body. Moisture can soak into clothing from two directions; from melting snow and frost that has collected on the outside of the clothing, and from perspiration. Be sure to brush snow and frost from clothing before entering heated shelters or vehicles.

Source: <http://www.kent.edu/media/HotTopics/TipsforPreventionofInjuryintheCold.cfm>

Winter Walking – to reduce injuries due to falls associated with ice and snow:

1. Walk at a moderate pace with weight well-balanced.
2. Always wear Boots or winter shoes with well-maintained soles for traction.
3. Handrails should be used on outside stairs and on inside stairs due to slush tracked inside.
4. Always anticipate slippery areas on sidewalks and stairs due to changes in temperature resulting in melting and freezing.
5. When entering a building, always clean feet carefully. Accumulation of slush on the sole of the shoe is likely to cause slips and falls.
6. If campus sidewalks or stairs appear to need special attention for ice and snow removal, report to Grounds Dept at 672-2345.

Class Cancellation – “...but I don’t want to go out in the cold!”

Decisions on closing made at:

5:45 am for morning classes and all-day cancellations

10:00 am for afternoon classes

3:00 pm for evening classes

For detailed info and list of stations for closing announcements, see

<http://einside.kent.edu/?type=art&id=870> or <http://einside.kent.edu/?type=art&id=371>.

Winter Car Care

Check the battery and electrical system.

Radiator and coolant – should contain sufficient amount of anti-freeze.

Heater/Defroster – confirm proper working order for defrosting windshield.

Tires – good tread needed on slippery pavement, should be 3/16” to 1/4” at top of tire.

Windshield Wipers and Windshield Washer fluid- make sure are working and have enough.

Lights – headlights, tail lights, brake lights, backup lights and turn signals

Fun in the Snow (as opposed to Sun)

- Build a snowman!
- Start a snowball fight!
- Go Sledding down big hills with friends. Some good hills:
 - On Campus: Front Campus near Hilltop Drive
 - Towner’s Woods – 2296 Ravenna Road, Franklin Township
 - Fred Fuller Park – 497 Middlebury Rd, Kent, OH
 - Punderson State Park – 11755 Kinsman Rd, Newbury, OH 44065
- Ice Skating
 - Kent Ice Arena – for open skate times and rates: <http://www.kent.edu/icearena/>
 - Outdoor Rink! Great Lakes Science Center - Harborfront, downtown Cleveland, 216-696-3644
 - Outdoor Rink! Downtown Akron – <http://www.holidayfest.org>, click on “Ice Rink”
- Downhill Skiing, Cross Country Skiing, and Snowboarding
 - Boston Mills/Brandywine <http://www.bmbw.com/> 7100 Riverview Rd, Peninsula
 - College ID Night Friday Night \$15 lift ticket; Ladies Night Saturday Night \$10 lift ticket; Sunday Night Special \$25 lift & rental or \$17 lift ticket
 - Alpine Valley <http://www.alpinevalleyohio.com/> 10620 Mayfield Rd, Chesterland, OH
 - \$22-32 for lift ticket + \$8-25 for rentals of equipment
 - Other skiing facilities are within driving distance in New York and Pennsylvania as well.
- Trekking/Hiking
 - Cuyahoga Valley National Recreation Area
 - Quail Hollow – Hartville

Inside Activities During the Winter

- Board games or cards
- Pool – Eastway
- Bowling – Eastway
- Student Recreation and Wellness Center
 - Table Tennis and other indoor activities
 - Do a cool down and be sure to dress warmly when you leave!