Chapter 4 Big Ideas

Individual Psychology

Alfred Adler

Social Interest

Finalism

Fictional Finalisms

Striving for Superiority

Inferiority Feelings

Style of Life

Birth Order
  • Oldest children fear being “dethroned” by younger siblings
  • Second/Middle children feel need to race to “dethrone” eldest
  • Lastborn children more sociable, dependent

Creative Self

Adlerian Psychotherapy
  • Neurosis springs from inappropriate life-styles, inappropriate goals, or fictional finalism
  • Overcompensation
  • Inferiority Complex
  • Superiority Complex
  • Safeguarding Tendencies

Harry Stack Sullivan

Family therapy