STEP 1 (12 & 12)

Problem: Powerless

- Admit Defeat
- Complete Defeat
- Personal Powerlessness
- Bankruptcy
- Absolute Humiliation
- Utter Defeat
- Devastating Weakness
- Victim Of Mental Obsession (no amount of human will power can break)
- Self Confidence Toward Alcohol TOTAL Liability
- No Conquest By The Unaided Will
- Unpalatable Truth
- Hopeless
- Desperate
- Literal Hell
- Unmanageable
- Fatal Progression
- Fatal Nature
- Dying
- Merciless Obsession
- Tyrant Alcohol
- Destroy Ourselves
- Truly Awful To Admit We Have Warped Our Minds
- We Were Out Of Control
- Fatal Nature Of Our Situation
- Become As Open-Minded To Conviction & As Willing To Listen As The Dying Can Be