**Review sheet for Chapter 8: Experimental Analysis of Behavior**

What is behaviorism?

What is the Law of Effect?

What is a habit?

What is a drive?
  - What are primary drives/reinforcers? What are secondary drives/reinforcers?

What is a hierarchy of response?

What is a reflex?

What is Classical Conditioning? (You need to know, in general, how this works!)
  - What are the conditioned stimulus, conditioned response, and unconditioned stimulus?

What is stimulus generalization?

What is Instrumental (Operant) Conditioning? (Again, you need to know how this works!)
  - In terms of instrumental conditioning, what are the operant (R), discriminative stimulus, and reinforcer?
  - What do we mean when we say that one event is contingent on another?
  - What is three-term contingency?
  - What is shaping?

What are the three types of reinforcement schedule we talked about? How do they work?
Which is the best for reinforcing behaviors? Which lasts the longest?

What are the four basic types of reinforcement and how do they work?

In general, how do people develop phobias? How is this process related to the development of Generalized Anxiety Disorder or Panic Disorder?

What are escape/avoidance responses and how might they be related to psychological disorders such as Obsessive Compulsive Disorder?

What is preparedness?

What is learned helplessness? How is Lewinsohn's model related to the theory of learned helplessness?

What is systematic desensitization? How does it work?

What are some of the advantages of punishment? Disadvantages?