Review sheet for Chapter 10: Traits and Personality

What does Allport mean when he talks about personality?

Is Allport's theory purely abstract and theoretical, or rooted in real-world structures? How?

What are continuity and discontinuity in terms of Allport's theory?

What are traits? Name and describe two common types of traits.

What are the various dispositions that Allport defines and describes?

What is the proprium? What are the propriate functions?

What is functional autonomy? What are some different types of functional autonomy?

What is Allport's definition of maturity?

What is the distinction between nomothetic and idiographic assessment techniques?

How did Murray conceive of personality?

What are the fundamental building blocks of personality within Murray's theory? What do we refer to these building blocks as when they are linked together?

To Murray, what are needs?

What is press? Distinguish between alpha and beta press.

What is the TAT? How does it work? Is it any good as what it does?