Review sheet for Chapter 14: Existential Psychoanalysis
How does the existential movement in psychology depart from classical Western philosophy?

What does the existential approach to psychology mean? Is existentialism in psychology a departure from scientific methodology?

What is powerlessness? How does it work?

What is anxiety? How does it work? How can we cope with feelings of anxiety? What if we cope in other ways?

How have we lost our basic values? What can/must be done to reestablish our values?

What is the boundary situation? How is it significant? Name some boundary situations in the world.

What does May think about self-consciousness?

What are the philosophical assumptions underpinning May's existential theory of psychology?

Why/how are we disconnected from our feelings?

What does May mean by integration?

What is a paradox? What does it mean for the concept of integration?

What are some common existential paradoxes (i.e. daimonic, power, etc.)? Pay special attention to freedom and destiny here.

What does May mean by myth?