Chapter 1 (~10%)
What is a theory?
   Top/Down vs. Bottom/Up

5 Philosophical assumptions
   4 Ways to evaluate philosophical assumptions

Scientific Paradigms -- what and why?
   Evaluating scientific statements, paradigms

Functions of Psychotherapy

Chapter 2 (~30%)
How did Psychoanalysis begin? (Cultural attitudes of the time?)

Hysteria, catharsis

Unconscious forces and inner conflict (repression and resistance)

Psychoanalytic techniques
   Free association (slips)
   Dream analysis (types of dreams)

Drives and psychic energy
   Important drives

Psychosexual stages of development (should know stages and some details here)
   Fixations

Psychoanalytic structure of personality (id, ego, superego--some detail again)

Defense mechanisms.
   Why? Which are common?

Psychoanalysis
   Transference, counter-transference

Major Criticisms of Freud's theory
Personality: Exam 1 Review Sheet (Ch. 1-7)

**Chapter 3 (~10%)**
Psyche
   - Ego
     - Personal unconscious (complexes)
     - Collective unconscious (archetypes & examples of archetypes)

Self

Personality Types (attitudes & functions)

Self-realization, telos, & synchronicity

**Chapter 4 (~15%)**
Intrapsychic vs. Interpsychic personality theories

Social interest

Finalisms
   - Fictional finalisms

Superiority, Inferiority, & Masculine protest

Style of life (& different styles)

Birth order (qualities of children born in different orders)

Overcompensation, complexes, and safeguarding tendencies

Defining characteristic of Sullivan's developmental stages (NOT the stages themselves)

Theory of Family Therapy

**Chapter 5 (~15%)**
Basic anxiety
   - Basic evil
   - Neurotic needs
   - Modes of relating (3 modes)
   - Basic orientations (3 modes)

Real vs. Idealized self
   - Alienation
   - Tyranny of the shoulds

Womb envy
Chapter 6 (~15%)
Anna Freud’s contributions to psychoanalytic theory
   Children
   Transference
   Diagnostic profile
   Developmental line
   Ego
   Identification w/ aggressor

Erikson and the ego

Psychosocial stages of development (life crises, virtues, & the stages themselves)
   Epigenetic, hierarchical, nature of the stages
   Criticisms

Chapter 7 (~5%)
Object relations

Splitting (Melanie Klein & Otto Kernberg)